

PROVIDING **THE GIFT** OF HEALTH
TO THOSE IN NEED



ALL OF OUR VOLUNTEERS ARE HEALTHY HEROES

Hundreds of volunteers provide vital health care to our patients at our clinic and in their own offices



Access to Life-Saving Medical Care

The mission of the Free Medical Clinic is to provide the gift of health to those in need. The Free Medical Clinic has been providing medical care to uninsured, low-income residents of Winchester, Frederick County and Clarke County since 1986. We are an independent, community-driven 501(c)(3) organization that relies on volunteers and donations.

We are the medical home for our patients, providing access to all aspects of health care. In 2013, we provided Free Medical Clinic 1,122 patients over 13,000 services, both in-house and through partnerships in the community. Our team of over 250 volunteers and 18 staff (11 full-time, 7 part-time) provide quality medical care through on-site visits and by referrals to our network of 60 medical specialists in the community. Volunteers serve as Physicians, Nurse Practitioners, Physician Assistants, RNs and CNAs, Pharmacists and Pharmacy Techs, Dentists and Dental Assistants, Eligibility Screeners, Interpreters, Patients Services support, and through Board of Directors, Committee and Fundraising roles - each one is a Healthy Hero!

2013 Services Report

4,233 General Medical Visits

Acute Clinic - Volunteer Physician Visits, Thursday Evenings
Daytime Clinic - Nurse Practitioner Visits, Monday - Thursday

1,114 Specialty Medical & Dental Visits

GYN Clinic - Every Woman's Life Provider Site, Cancer Screenings and Well-Woman Volunteer Provider Visits, select Fridays
Diabetes Management - Treatment and education in partnership with Diabetes Management Program of Valley Health
Orthopaedic Clinic - Volunteer Physician Visits, Select Mondays
Behavioral Health Clinic - Limited mental health with Volunteer Providers, last Tuesday Evening of the month
Adult Dental - Extractions by Volunteer Dentists & Dental Assistants in partnership with Dental Clinic of NSV, Thursday Evenings

4,396 Health Education Counseling and Classes

Diet & Nutrition, Exercise, Smoking Cessation, Disease Management

1,130 Specialty Medical Visits by Referral

Donated by over 250 Volunteer Physicians from 60+ local Offices

2,282 Laboratory Testing, Diagnostic Testing & Medical Imaging

Donated by Valley Health, Service Providers & Volunteer Physicians

\$4.7 million Prescription Medications

Estimated value accessed at no charge via pharmaceutical PAP

The Free Medical Clinic of Northern Shenandoah Valley, Inc. is a 501(c)(3) non-profit organization. We rely on volunteers and private donations to provide access to health care for those in need.

Dedicated To The Belief That Everyone Should Have **ACCESS TO HEALTH CARE** Services

2013 Financial Support

Nearly all of the Free Medical Clinic's funding comes from local sources, including generous donations from those in the community we serve. The services we provide to our patients are made possible by this generosity. A professional audit is currently being conducted for 2013.

2013 Operating Budget: \$1,395,680

Support and Revenue Highlights

Program Grants were provided by local funders including Valley Health and United Way, as well as CVS, Wells Fargo, Every Woman's Life and the Shingleton Foundation

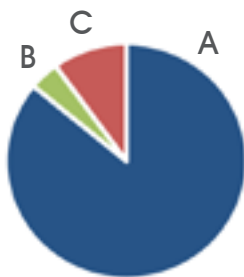
State Funds accounted for 6% of income

IT Grants from American Woodmark Foundation and Winchester Medical Center Foundation funded a server upgrade to support our EMR and pharmacy software

Fundraising Activities included Taste of the Town, our largest fundraiser of the year, which raised net proceeds of over \$107,000, as well as the new Chefs Dinner, the Clarke Rotary Golf Tournament and the United Way Rubbermaid Sale

Cash Donations were given by 454 individuals, businesses, churches and community groups

Expenses



A - Program Services - 86%
B - Management and General - 4%
C - Fundraising - 10%

2013 Board of Directors

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