

# PROVIDING **THE GIFT** OF HEALTH TO THOSE IN NEED



## Life-Saving Medical Care

The mission of the Free Medical Clinic is to provide the gift of health to those in need. The Free Medical Clinic has been providing medical care to the uninsured, low-income families, serving residents in Winchester, Frederick County and Clarke County since 1986. We are a community-driven 501(c)(3) organization that relies on volunteers and donations.

In 2012, we provided Free Medical Clinic patients over 11,500 services, both in-house and through partnerships in the community. We treated 1,085 individuals and screened 593 new patients for services.

Our team of over 250 volunteers and 18 staff (11 full-time, 7 part-time) provide quality medical care through on-site visits and by referrals to our network of 60 medical specialists in the community.

## 2012 Access to Care

- 3,788** General Medical Visits
- 1,081** Specialty Medical & Dental Visits
- 2,827** Health Education Visits
- 1,205** Specialty Medical Visits Donated by Referral Network Partners
- 2,615** Laboratory & Diagnostic Services Donated by Medical Partners
- \$4.5 million** Prescription Medications (estimated value) accessed at no charge via pharmaceutical PAP

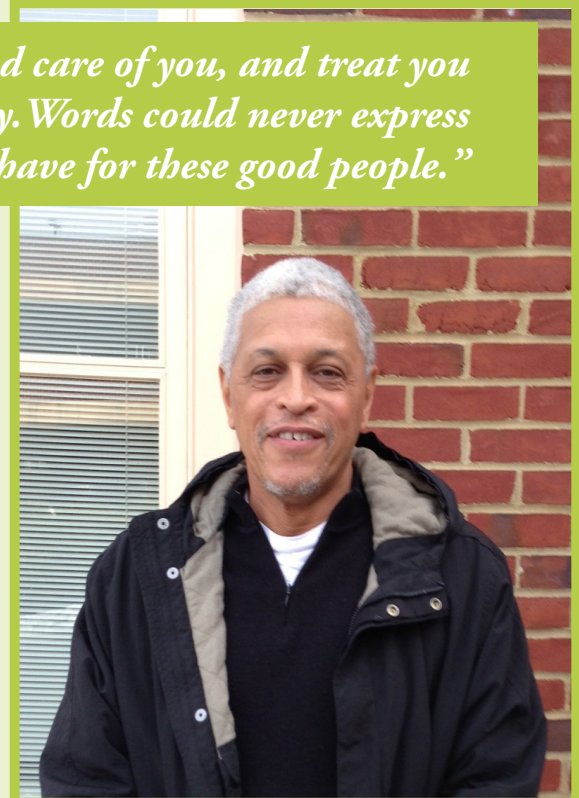
## Meet Harry

*“They always take good care of you, and treat you with respect and dignity. Words could never express the thanks I have for these good people.”*

A Winchester native, Harry studied computer programming during the day while earning a living driving a DC taxi at night. He later worked 23 years in IT for major companies and government agencies. But contract work does not guarantee health insurance or steady income.

Harry turned to the Clinic when his health started to decline, only to learn he had hypertension, high cholesterol and gout, which the Clinic treated. Preventative screening caught the cancerous polyps in his colon. He also no longer faces diabetes now that he is following the guidance of the Diabetes Management Program of Valley Health and Clinic nurses, who coached him on healthy lifestyle changes, like portion control, and biking and walking for exercise. Harry credits our nurses' and doctors' care and advice with the good health he is currently experiencing.

Harry is now eligible for Medicare and no longer need services at the Free Medical Clinic, but he is grateful that the care he received while a patient has kept him in good health.



**The Free Medical Clinic relies on volunteers and private donations to provide access to health care for those in need. For a listing of the volunteers, partners and donors who make these services possible, our full 2012 Annual Report will soon be available on our website: [www.fincwinchester.org/about-us/annual-report/](http://www.fincwinchester.org/about-us/annual-report/)**

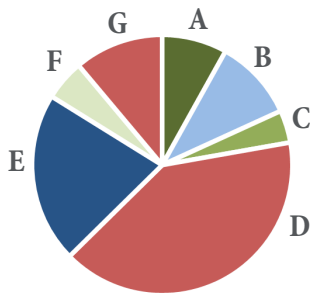
# Dedicated To The Belief That Everyone Should Have **ACCESS TO HEALTH CARE** Services

## 2012 Financial Report

Nearly all of the Free Medical Clinic's funding comes from local sources, including generous donations from those in the community we serve. We do not receive federal funding or reimbursements, and 6% of our operating budget is from state-based grants. In 2012, cash assets were used to help cover expenses with the shortfall in income. Please note, the percentages shown are based on unaudited figures.

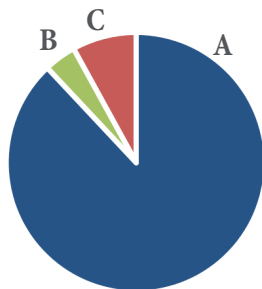
**2012 Operating Budget: \$1,247,500**

### Income



A - Direct Contributions - 8%  
B - Fundraising Events - 10%  
C - Foundations, Trusts & Bequests - 5%  
D - Grants - 40%  
E - Program Services Revenue - 21%  
F - Investment Income - 5%  
G - Cash Assets - 11%

### Expenses



A - Program Services - 88%  
B - Management and General - 4%  
C - Fundraising - 8%

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