



WISH LIST

Thank you for helping to provide the gift of health to those in need.
Your support is greatly appreciated!

OVER THE COUNTER (OTC) HEALTH CARE ITEMS

Vitamins (OTC)

Fish Oil capsules, 1000 or 1200 mg
Krill Oil capsules or Mega Reds
Vitamin D3 2000
Calcium CITRATE 500-600 mg, plus D3 800 -
(not calcium carbonate – hard to digest)
Multi-vitamins

Pain Relief (OTC) & Stomach Problems

Tylenol—Acetaminophen 325 mg and 500 mg
Ibuprofen 200 mg
Cough Syrup— prefer sugar free—Tussin DM, any Delsym
Pepcid AC
Pepto Bismol
Imodium
Ranitidine
Famotidine
Miralax, Zantac

Allergy Medications (OTC)

Allegra and Allegra D (all forms-capsuled, tablets, liquid)
Saline Nasal Spray
Ocean Spray
Cetirizine (generic) or (Zyrtec)
Loratadine (Claritin)

All Generics Are Fine

Dental Care

Tooth Paste & Adult Tooth Brushes

Skin Care

Eucerin cream, Cetaphil, Aquaphor in tubs or tubes
Petroleum jelly, in small tubs
Pain Cream
Antibiotic Cream
Anti-itch Cream
Hydrocortisone Cream

Ear/Nose

Ear Wax Drops
Saline Nasal Spray/Netti Pots
Cold mist vaporizers

Knee high compression hose for edema or varicose veins— wide at top Jobst brand or CVS, Wal-Mart, etc.:

Small: 2 PRs, black and tan
Medium: 4 PRs. 2 black , 2 tan
Large: 8 PRs. 2 black, 6 tan
Extra-large: 8 PRs. 2 black, 6 tan.
XXL: 4 PRs: tan

Bandages

4 inch to 6 inch ACE bandages

MISC. ITEMS

New or Used, functioning Nebulizer and C- Pap Machines

\$10 Gas Cards for patient transport to appointments , i.e. Martins or Sheetz